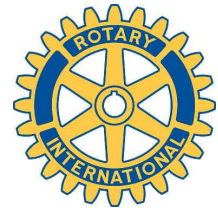


Great Yarmouth Rotary Club
Spring Charity Walk
Medium Route – 7.9 miles.



CROSS TO THE FAR SIDE OF THE CAR PARK AND TURN RIGHT INTO EMERGENCY ACCESS TO PLAYING FIELD AND TURN IMMEDIATELY LEFT. KEEPING CLOSE TO HEDGE ENTER LANE DIRECTLY AHEAD AND TURN RIGHT. THIS TARMAC LANE SOON BECOMES A TRACK, THEN A PUBLIC FOOTPATH. CONTINUE PAST THE ROUND TOWERED FLINT CHURCH AND OVER A TARMAC FARM ROAD, KEEPING TO THE PATH AS IT CROSSES THE FIELDS AHEAD "£" THROUGH A "HEDGED IN" SECTION. TURN LEFT AT MARSHALL (M1).

PASS POND ON YOUR RIGHT TO NEXT MARSHALL (M10) AT CROSSROADS WHICH CROSS AND CONTINUE ALONG CARGATE LANE "€" PAST PLAYING FIELD ON YOUR LEFT TO NEXT MARSHALL (M11) AND CROSSROADS WHERE TURN RIGHT. KEEP ON THIS ROAD PAST MARSHALL (M5) UNTIL JUNCTION WITH MARSH ROAD AND BACK LANE WHERE TURN LEFT INTO CONCRETE ROAD THROUGH WIDE METAL GATE TO NEXT MARSHALL (M2R - REFRESHMENT POINT).

CONTINUE ON CONCRETE ROAD TO NEXT RIGHT TURN INTO GRASSED TRACK LEADING DIRECTLY TO BLACK TOWERED MILL (NO SAILS). THROUGH WIDE METAL GATE TO PASS BETWEEN BUILDINGS TO REACH RIVER BANK AND MILL. TURN RIGHT AND CONTINUE ON BANK TO END OF BOAT DYKE.

GO AROUND THE END OF THE DYKE AND BACK ALONG ITS OTHER SIDE FOR SOME 50 PACES. THEN TURN RIGHT (TO LEAVE RIVERSIDE BEHIND YOU) INTO NARROW GRASSED PATH WHICH FOLLOW TILL IT EMERGES AT FARM TRACK WHICH CROSS (PASSING WIDE METAL GATE ON YOUR LEFT), AND CONTINUE ON THE GRASSED PATH, OVER NARROW METAL FOOTBRIDGE WITH METAL HANDRAILS INTO WOODLAND, AND OVER TWO STILES. CROSS ANOTHER FARM TRACK (PASSING ANOTHER WIDE METAL GATE ON YOUR LEFT) AND BEARING LEFT REACH RIVER BANK AND TURN LEFT. THEN FOLLOW RIVER BANK UNTIL YOU REACH END OF BOAT DYKE AGAIN.

LEAVING BOAT DYKE BEHIND, PASS THROUGH TREE LINED CAR PARKING AREA TO HARD METAL ROAD AND TURN RIGHT. FOLLOW THIS ROAD (BOAT DYKE ROAD) AS IT BEARS LEFT PAST ENTRANCE TO BACK LANE AND ON REACHING CROSSROADS TURN LEFT AND AHEAD TO REACH MARSHALL (M1). BEAR RIGHT AND THEN LEFT INTO "HEDGED IN" SECTION AND RETRACING THE FIRST SECTION OF FOOTPATH ACROSS FIELDS "£", RETURN TO BASE AND REGISTRATION.

NB: USE SYMBOLS "£", AND "€" TO CHECK YOUR POSITION ON MAP.

PLEASE NOTE
CONTROL MOBILE PHONE NO
07857 631648